



1  
00:00:01,836 --> 00:00:02,666

Good morning.

2  
00:00:02,666 --> 00:00:04,056

This is Mission Control Houston.

3  
00:00:04,246 --> 00:00:09,306

Welcome and thank you for joining us for today's edition of ISS Update this Thursday, March 22.

4  
00:00:09,696 --> 00:00:16,616

We are now coming to you live from inside the International Space Station flight control room

5  
00:00:16,616 --> 00:00:19,556

where the team here has been monitoring the systems aboard the station

6  
00:00:21,026 --> 00:00:24,386

and supporting the day's activities of the Expedition 30 crew members.

7  
00:00:24,886 --> 00:00:29,256

Leading the Orbit Two team here in the station flight control room today is flight director

8  
00:00:29,746 --> 00:00:33,486

Mike Lammers shown here in the right-hand side of your screen in the white shirt

9  
00:00:34,496 --> 00:00:39,426

with astronaut Dan Tani next to him in the blue shirt who is serving as Capcom,

10  
00:00:39,426 --> 00:00:41,556

relaying all ground messages up to the crew.

11  
00:00:42,446 --> 00:00:44,246

Tani flew to the International Space Station

12  
00:00:44,246 --> 00:00:49,556  
for the first time aboard space shuttle  
Endeavour STS-108 in December 2001 bringing

13  
00:00:49,836 --> 00:00:52,336  
with him the Expedition 4 crew to the station.

14  
00:00:52,696 --> 00:00:56,456  
On his second spaceflight Tani served  
as Expedition 16 flight engineer

15  
00:00:56,456 --> 00:01:00,916  
and spent 120 days living and working  
aboard the International Space Station.

16  
00:01:01,376 --> 00:01:08,216  
The six crew members aboard the station  
now include NASA astronaut and commander

17  
00:01:08,216 --> 00:01:12,726  
of the complex Dan Burbank and flight  
engineers and cosmonauts Anton Shkaplerov

18  
00:01:13,066 --> 00:01:17,756  
and Anatoly Ivanishin as well as NASA astronaut  
Don Pettit shown here on the right-hand side

19  
00:01:18,066 --> 00:01:23,556  
with cosmonaut Oleg Kononenko and European  
Space Agency astronaut Andre Kuipers.

20  
00:01:26,976 --> 00:01:29,966  
Commander Burbank, Shkaplerov  
and Ivanishin arrived

21  
00:01:29,966 --> 00:01:32,636  
at the orbiting complex mid-November last year.

22

00:01:33,046 --> 00:01:37,876

They will complete their 130th consecutive day in space today with a little more

23

00:01:37,876 --> 00:01:38,786

than a month remaining

24

00:01:38,786 --> 00:01:41,476

of their five-and-a-half-month stay aboard the space station.

25

00:01:42,116 --> 00:01:46,966

Meanwhile [Pettit], Kononenko and Kuipers launched to the space station three months ago

26

00:01:46,966 --> 00:01:51,656

on December 21 arriving at the station two days later and making up the complete crew

27

00:01:51,656 --> 00:01:54,806

of the Expedition 30 that is now on board the space station.

28

00:02:02,596 --> 00:02:05,536

The space station with its crew aboard is now flying

29

00:02:05,536 --> 00:02:09,436

at an altitude of about 248 statute miles.

30

00:02:09,516 --> 00:02:13,726

The orbiting facility is making a northeastern track on a night pass

31

00:02:13,726 --> 00:02:18,646

across the North Pacific Ocean just passing over Australia.

32

00:02:24,296 --> 00:02:28,046

Today, station Commander Dan Burbank,

Flight Engineers Andre Kuipers

33

00:02:28,046 --> 00:02:32,166  
and Don Pettit are working on more cleanup  
of the Permanent Multipurpose Module,

34

00:02:32,166 --> 00:02:35,226  
also known as Leonardo or the space closet.

35

00:02:35,606 --> 00:02:38,306  
The crew members are relocating items in storage

36

00:02:38,306 --> 00:02:40,866  
to their permanent spaces aboard  
the International Space Station.

37

00:02:41,446 --> 00:02:46,316  
Much of this cleanup is being done in  
preparation of the soon-to-arrive cargo ship,

38

00:02:46,376 --> 00:02:52,336  
the European Space Agency's Automated  
Transfer Vehicle-3 or Edoardo Amaldi.

39

00:02:52,646 --> 00:02:57,926  
Edoardo Amaldi with its seven-ton  
load of supplies is scheduled

40

00:02:57,926 --> 00:03:02,816  
to liftoff aboard the Ariane 5  
rocket from Kourou, French Guiana,

41

00:03:02,816 --> 00:03:05,876  
late this evening at 11:34 p.m. Central time

42

00:03:06,676 --> 00:03:09,336  
and begin its five-and-half-day  
journey to the space station.

43

00:03:13,746 --> 00:03:17,396  
Flight Engineer Don Pettit will  
wrap up his share of cleanup work

44  
00:03:17,486 --> 00:03:21,246  
to continue work he began earlier  
this week to install software

45  
00:03:21,246 --> 00:03:25,586  
and reconfigure a laptop computer that  
was associated with an EXPRESS rack.

46  
00:03:26,016 --> 00:03:27,756  
These EXPRESS racks are housed

47  
00:03:27,756 --> 00:03:30,946  
in a refrigerator-sized container  
that acts as an exterior shell.

48  
00:03:31,286 --> 00:03:35,606  
They enable quick, simple integration  
of up to 10 experiment payloads.

49  
00:03:36,456 --> 00:03:41,856  
And Andre Kuipers will then take  
a break from the cleanup activity

50  
00:03:41,856 --> 00:03:44,416  
to perform some maintenance  
to the Water Recovery System.

51  
00:03:44,826 --> 00:03:47,686  
The system converts urine,  
sweat and condensation

52  
00:03:47,686 --> 00:03:50,236  
into safe drinkable water  
for the crew's consumption.

53  
00:03:51,686 --> 00:03:57,156

Earlier this morning aboard the International Space Station,

54

00:03:57,156 --> 00:04:00,976

Commander Burbank kicked off his day with two hours of daily regular exercise.

55

00:04:01,346 --> 00:04:10,676

He participated in an inventory management stowage conference and set up for several hours

56

00:04:10,896 --> 00:04:13,966

of transferring items from that Permanent Multipurpose Module.

57

00:04:18,416 --> 00:04:21,876

Flight Engineer Don Pettit did some preparation work for the configuration

58

00:04:21,876 --> 00:04:27,546

to the EXPRESS rack laptop computer, and Andre Kuipers spent a significant amount

59

00:04:27,546 --> 00:04:34,126

of time early this morning collecting personal data as part of the CARD experiment

60

00:04:34,286 --> 00:04:38,736

that studies blood pressure decreases in the human body exposed to microgravity

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00:04:39,106 --> 00:04:41,516

for long periods of time, as that of a station resident.

62

00:04:42,086 --> 00:04:49,766

Kuipers then also tended to another science experiment known as VIABLE or the eValuation

63

00:04:49,766 --> 00:04:54,016

And monitoring of microBiofiLms inside  
the International Space Station.

64  
00:04:54,386 --> 00:05:00,056  
That study looks at the development of  
microbiofilm development on space materials.

65  
00:05:00,146 --> 00:05:05,616  
Results from this study may lead to solutions  
to improve the environmental quality of manned,

66  
00:05:05,616 --> 00:05:11,176  
confined habitats in space, but also specific  
bases and modules on Earth where humans have

67  
00:05:11,416 --> 00:05:19,506  
to stay for a long term,  
particularly for scientific purposes.

68  
00:05:19,986 --> 00:05:24,326  
Meanwhile on the Russian side of the house,  
Anatoly Ivanishin had spent a couple of hours

69  
00:05:24,326 --> 00:05:27,956  
with activities for the Pneumocard  
experiment that studies the adaptation

70  
00:05:27,956 --> 00:05:32,336  
of the cardiovascular system of crew members  
during a long-duration microgravity mission.

71  
00:05:32,826 --> 00:05:38,766  
Cosmonaut Oleg Kononenko had snapped images  
of the Earth for the Uragan, or Hurricane,

72  
00:05:38,836 --> 00:05:42,866  
experiment that studies Earth's natural  
resources by monitoring catastrophes.

73  
00:05:43,336 --> 00:05:49,846

A little after today's ISS Update hour, Commander Burbank will work

74

00:05:49,946 --> 00:05:52,846  
in the Japanese Pressurized Module to measure resistance

75

00:05:52,846 --> 00:05:57,186  
of image processing unit power connector and fuse to identify

76

00:05:57,186 --> 00:06:00,076  
where a shorted circuit is in the power line.

77

00:06:00,816 --> 00:06:06,026  
And at the end of today, each crew member will have exercise to maintain his physical fitness

78

00:06:06,426 --> 00:06:09,986  
and help mitigate the negative effects of microgravity on their bodies.

79

00:06:10,836 --> 00:06:14,906  
The Expedition 30 crew members will do some evening prep work

80

00:06:14,996 --> 00:06:16,776  
for another busy day in space tomorrow.

81

00:06:16,836 --> 00:06:21,316  
They will then participate in their final daily planning conference with ground controllers

82

00:06:21,316 --> 00:06:24,006  
around the world before entering their pre-sleep period.

83

00:06:25,206 --> 00:06:29,396  
Meanwhile back on Earth in Kourou, French Guiana, preparations remain on track

84

00:06:29,396 --> 00:06:33,306

for the launch of the European  
Space Agency's Edoardo Amaldi,

85

00:06:33,306 --> 00:06:35,876

the Automated Transfer Vehicle-3 cargo craft.

86

00:06:36,186 --> 00:06:41,386

Again, that launch is scheduled to take  
place tonight at 11:34 p.m. Central time.

87

00:06:41,596 --> 00:06:46,006

Launch coverage will begin here on  
NASA Television at 11 p.m. tonight.

88

00:06:47,226 --> 00:06:50,866

The crew is scheduled to go to bed at  
3:30 p.m. Central time and is scheduled

89

00:06:50,866 --> 00:06:52,476

to be asleep at the time of launch.

90

00:06:53,216 --> 00:06:56,546

However, Mission Control Houston  
will be uplinking the video